

Artisan & Fine Foods Fair

Times	Name	Topic
10.00 - 10.15	Keith Symes, Managing Director, Sussed Nutrition Ltd.	Brand Diversification
10.15 - 10.30	Jim Harding , Director, Herbal Tisane	Herbal Tisane: Catering for the health conscious coffee and tea drinkers.
10.30 - 10.45	Marek Pokorny, Director, Shamrock Escargots	Commercial Snail Farming in Ireland
10.45 - 11.00	William Despard, Owner and Managing Director, Bretzel Bakery	Sourdough: Health and Profit
11.10 - 11.40	Coffee Break & Networking	
11.40 - 11.55	Nessa McManus, Founder, Spiced with Love	Spicing up our lives – history and myths
11.55 -12.10	Declan Ryan, Managing Director, Ryan's Arbutus Bread	Because we need the Dough
12.10 - 12.25	Peter McCloskey, Managing Director, Collar of Gold Ltd.	Exceptionally Pure Irish Cooking Oil for HORECA Professionals

The Free From & Organic Foods Expo

Times	Name	Topic
12.25 - 12.40	Jonathan Dawson, General Manager, Bia Ganbreise	Contract Baking - from national brands to small artisan start-ups
12.40 - 2.00	Lunch Break & Networking	
2.00 - 2.15	Dr. Yvonne Finnegan, PhD. Registered Dietitian and Director, Yvonne Finnegan Nutrition Consultancy, Ireland	FODMAP's- are they the future of Free From?
2.15 - 2.30	Doireann Barrett, Founder & Owner, The Gluten Free Kitchen Company	My Journey to Create Safety & Quality for Allergen Consumers
2.30 - 2.45	Ursula Walsh, Creator, Mom Fitness Diary	Do you know what you drink?
2.45 - 3.00	Eddie O'Gorman PhD, Director & Owner, KBH Nutrition	A Vegan Friendly Creatine RTD
3.00 - 3.30	Coffee Break & Networking	
3.30 - 3.45	Fiona Maher, Owner & Founder , Fiona's Nutterly Nutritious - 100% Natural Nut Butter Range	Health Food Trends - Past, Present & Future
3.45 - 4.00	Rosy Temple, Sales Manager Ireland, Rebel Kitchen	Breaking the mould: innovation in the free-from category

The Forecourt & Convenience Retail Expo

Times	Name	Topic
4.00 - 4.15	Mark Bannon, CEO, VT	Cutting costs and increasing efficiency in convenience retail with the internet of things
4.15- 4.30	William Brophy, Commercial Lawyer, O'Grady Solicitors	Overview of the Grocery Goods Regulations



All presentations/timetables are subject to change. Please check with onsite event timetable on the day.